



Union College Department of Athletics
Declaration of Season Form – Division III Sports



Sport _____ **Year** _____

NCAA Traditional Season (NCAA Championship Segment)

(Start Date) _____ (End Date) _____

Traditional Season

- Fall – 18 week limitation (including non traditional season)
- Winter – 19 week limitation
- Spring – 19 week limitation (including non traditional season)
- Declare the season from the starting date of first practice until end of the regular playing season, or conference championships if applicable.

Total number of weeks/days

Weeks _____ Days _____ Total Weeks _____

- Practice or competition in any part of a week, counts as a full week.
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Non Traditional Season

(Start Date) _____ (End Date) _____

Non Traditional Season (if applicable to the sport) is limited to:

- 4 week season.
 - Maximum of 3 practices a week
 - One practice a day
 - 1 competition “date” allowed
 - no class time missed for practice or competition
 - Alumni Game played during the Non Traditional segment counts as the 1 competition day
 - Sports that use the Fall as Non-Traditional Season must be completed by October 30.
 - Sports that use the Spring as Non-Traditional Season must not start before Feb 1, and end by June 1.
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Contests/Scrimmages

Number of Contests scheduled for Traditional Season _____ Total Contests allowed _____

Number of Scrimmages scheduled for Traditional Season _____ Total Scrimmages allowed _____

Will your program be using an exempt foreign trip this season (if so, where?) _____

Head Coach Signature _____ Date Submitted _____

- Please complete, make copy, and return original to Compliance Officer 2 weeks prior start of practice season.
 - Changes may be made to Declaration of Season Form once submitted.
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(For compliance use only)

Date Received _____ Declaration complete _____

